Steps for Using Each AI Mode

Use only the specific AI actions allowed for your task. Keep the assessed thinking and each human finish yours.

Mode	1 Set up	2 Use AI	3 Think it through	4 FINAL HUMAN ACTION
Idea	Bring a starting idea	Explore possibilities with AI	Combine, redirect, or select possibilities	**Choose and explain why**
Learning	State what you already know and your learning goal	Ask for tailored explanations	Ask clarifying or deeper questions	**Demonstrate and check your understanding** Check sources or apply what you learned. AI confirmation alone isn't enough.
Feedback	Bring your own work	Set criteria and boundaries: "Don't rewrite or change my idea"	Examine and evaluate suggestions	**Revise your own work or justify keeping it** Use criteria to justify revisions, retention or rejecting advice.
Practice	Define the situation, roles, and constraints	Attempt the simulation	Debrief strengths and gaps	**Improve and retry if needed** Try an improvement if a gap remains. Stop when you can show the goal is met.
Tool	Specify the task and desired result	Direct AI's work	Check; refine if needed	**Verify and approve the result**

Assigned AI use, including homework: collect usual learning evidence plus the full dedicated task-only conversation. Assess learning through the former and supporting AI use through the latter. Use the approved private route. | 11 October 2026 revision 2 voice clarification